



SGS Wellbeing Service &  
Students' Union

# EMOTIONAL ABUSE

[wellbeingservice@sgscol.ac.uk](mailto:wellbeingservice@sgscol.ac.uk)

## What is emotional abuse?

Emotional abuse is the on-going emotional maltreatment or emotional neglect of a young person. It's sometimes called psychological abuse and can seriously damage a young person's emotional health and development.

Emotional abuse can involve deliberately trying to scare or humiliate a young person or isolating or ignoring them.

Young people who are emotionally abused are usually suffering another type of abuse or neglect at the same time, but this isn't always the case.

Speak to any member of staff or email your concerns to the colleges Safeguarding Team at [wellbeingservice@sgscol.ac.uk](mailto:wellbeingservice@sgscol.ac.uk)

For more information, advice and guidance visit [Ecampus](#)

## Other support

[Childline](#)                      [0800 1111](tel:08001111)

[NSPCC](#)                              [0808 800 5000](tel:08088005000)